

Statistics Report 09236, Peaches, yellow, raw
Report Date: June 30, 2017 19:42 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1 2 3	g	88.87	9	0.590	86.99	90	2.0	86.33	91.403	3	Analytical or derived from analytical	--	12/2002
Energy	kcal	39	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Energy	kJ	165	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Protein 1 2	g	0.91	8	0.011	0.82	0.98	1.0	0.77	1.058	2	Analytical or derived from analytical	--	12/2002
Total lipid (fat) 1 2 3	g	0.25	9	0.052	0.07	0.51	2.0	0.021	0.47	3	Analytical or derived from analytical	--	12/2002
Ash 1 2	g	0.43	8	0.013	0.35	0.49	1.0	0.264	0.597	2	Analytical or derived from analytical	--	12/2002
Carbohydrate, by difference	g	9.54	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Fiber, total dietary 1 2	g	1.5	8	0.051	1.1	1.8	1.0	0.84	2.126	2	Analytical or derived from analytical	--	12/2002
Sugars, total 1 2	g	8.39	8	0.351	6.48	9.55	1.0	3.929	12.844	2	Analytical or derived from analytical	--	12/2002

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Sucrose 1 2	g	4.76	8	0.093	3.66	5.97	1.0	3.578	5.938	2	Analytical or derived from analytical	--	12/2002
Glucose (dextrose) 1 2	g	1.95	8	0.208	1.25	2.87	1.0	-0.697	4.599	2	Analytical or derived from analytical	--	12/2002
Fructose 1 2	g	1.53	8	0.052	1.2	2.17	1.0	0.878	2.19	2	Analytical or derived from analytical	--	12/2002
Lactose 1 2	g	0.00	8	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	12/2002
Maltose 1 2	g	0.08	8	0.059	0	0.14	1.0	-0.66	0.827	2	Analytical or derived from analytical	--	12/2002
Galactose 1 2	g	0.06	8	0.061	0	0.17	1.0	-0.709	0.83	2	Analytical or derived from analytical	--	12/2002
Starch 1	g	0.00	4	--	0	0	--	--	--	1	Analytical or derived from analytical	--	12/2002
Minerals													
Calcium, Ca 1 4 5 6 7 8 9 10 11 12 13	mg	6	28	0.265	4	8	10.0	5.17	6.35	11	Analytical or derived from analytical	--	12/2002
Iron, Fe 1 2 4 5 6 7 8 9 10 11 12 13	mg	0.25	31	0.019	0.18	0.49	11.0	0.205	0.286	12	Analytical or derived from analytical	--	12/2002
Magnesium, Mg 1 2 4 5 6 7 8 9 10 11 12 13	mg	9	32	0.170	7	10	11.0	8.376	9.124	12	Analytical or derived from analytical	--	12/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P 1 2 5 6 7 8 9 10 11 12 13	mg	20	31	0.352	14	25	10.0	19.638	21.207	11	Analytical or derived from analytical	--	12/2002
Potassium, K 1 2 4 5 6 7 8 9 10 11 12 13	mg	190	30	7.168	138	238	11.0	174.555	206.106	12	Analytical or derived from analytical	--	05/2003
Sodium, Na 2 4 5 6 7 8 9 10 11 12 13	mg	0	26	0.043	0	1	10.0	-0.001	0.19	11	Analytical or derived from analytical	--	05/2003
Zinc, Zn 1 2 4 5 6 7 8 9 10 11 12 13	mg	0.17	32	0.028	0.07	0.52	11.0	0.104	0.227	12	Analytical or derived from analytical	--	12/2002
Copper, Cu 1 2 4 5 6 7 8 9 10 11 12 13	mg	0.068	32	0.007	0.02	0.17	11.0	0.054	0.083	12	Analytical or derived from analytical	--	12/2002
Manganese, Mn 1 4 5 6 7 8 9 10 11 12 13	mg	0.061	28	0.003	0.04	0.09	10.0	0.055	0.067	11	Analytical or derived from analytical	--	12/2002
Selenium, Se 2	µg	0.1	2	--	0.1	0.1	--	--	--	1	Analytical or derived from analytical	--	12/2002
Fluoride, F 14	µg	4.0	9	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Vitamins													
Vitamin C, total ascorbic acid	mg	6.6	5	1.115	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Thiamin 1 2	mg	0.024	8	0.005	0.01	0.03	1.0	-0.034	0.082	2	Analytical or derived from analytical	--	12/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Riboflavin 1 2	mg	0.031	8	0.004	0.02	0.04	1.0	-0.019	0.082	2	Analytical or derived from analytical	--	12/2002
Niacin 1 2	mg	0.806	8	0.004	0.68	1	1.0	0.762	0.851	2	Analytical or derived from analytical	--	12/2002
Pantothenic acid 1 2	mg	0.153	8	0.046	0.09	0.21	1.0	-0.429	0.735	2	Analytical or derived from analytical	--	12/2002
Vitamin B-6 1 2	mg	0.025	8	0.010	0.01	0.04	1.0	-0.105	0.156	2	Analytical or derived from analytical	--	12/2002
Folate, total 2	µg	4	4	--	3	4	--	--	--	1	Analytical or derived from analytical	--	12/2002
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	4	4	--	3	4	--	--	--	1	Analytical or derived from analytical	--	04/2006
Folate, DFE	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Choline, total 1	mg	6.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Betaine 1	mg	0.3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	12/2002
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, RAE 1 2 15 16 17	µg	16	32	0.584	7	29	2.0	13.773	18.787	5	Analytical or derived from analytical	--	12/2002
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta 1 2 15 16 17	µg	162	32	5.768	77	289	2.0	137.548	185.887	5	Analytical or derived from analytical	--	12/2002
Carotene, alpha 1 2 15 16 17	µg	0	32	0.480	0	3	2.0	-1.585	2.545	5	Analytical or derived from analytical	--	12/2002
Cryptoxanthin, beta 1 2 15 16 17	µg	67	32	4.385	3	178	3.0	52.154	81.468	5	Analytical or derived from analytical	--	12/2002
Vitamin A, IU 1 2 15 16 17	IU	326	32	11.690	133	588	2.0	275.461	375.748	5	Analytical or derived from analytical	--	12/2002
Lycopene 1 2 16 17	µg	0	8	0.000	0	0	--	--	--	4	Analytical or derived from analytical	--	12/2002
Lutein + zeaxanthin 1 2 16 17	µg	91	8	19.796	10	167	2.0	-28.279	210.954	4	Analytical or derived from analytical	--	12/2002
Vitamin E (alpha-tocopherol) 1 3	mg	0.73	5	0.086	0.32	1.01	1.0	-0.362	1.83	2	Analytical or derived from analytical	--	12/2002
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Tocopherol, beta 1 3	mg	0.00	5	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	12/2002

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Tocopherol, gamma 1 3	mg	0.02	5	0.019	0	0.06	1.0	-0.219	0.257	2	Analytical or derived from analytical	--	12/2002
Tocopherol, delta 1 3	mg	0.00	5	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	12/2002
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone) 2 18	µg	2.6	5	0.462	2.1	3.6	1.0	-3.314	8.439	2	Analytical or derived from analytical	--	12/2002
Lipids													
Fatty acids, total saturated	g	0.019	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
16:0	g	0.017	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
18:0	g	0.002	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Fatty acids, total monounsaturated	g	0.067	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
16:1 undifferentiated	g	0.002	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
18:1 undifferentiated	g	0.065	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Fatty acids, total polyunsaturated	g	0.086	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
18:2 undifferentiated	g	0.084	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
18:3 undifferentiated	g	0.002	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Phytosterols	mg	10	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Amino Acids													
Tryptophan 2	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Threonine 2	g	0.016	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Isoleucine 2	g	0.017	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Leucine 2	g	0.027	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Lysine 2	g	0.030	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Methionine 2	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Cystine 2	g	0.012	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Phenylalanine 2	g	0.019	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Tyrosine 2	g	0.014	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Valine 2	g	0.022	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Arginine 2	g	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Histidine 2	g	0.013	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Alanine 2	g	0.028	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Aspartic acid 2	g	0.418	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Glutamic acid 2	g	0.056	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Glycine 2	g	0.021	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Proline 2	g	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Serine 2	g	0.032	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2002
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2002
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2002
Flavonoids													
Anthocyanidins													
Cyanidin 23 24 25	mg	1.92	--	0.19	0	6.71	--	--	--	--	--	--	--
Petunidin 23	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Delphinidin 23	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Malvidin 23	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Pelargonidin 23	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Peonidin 23	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Flavan-3-ols													
(+)-Catechin 23 24 26 27 28	mg	4.9	49	0.51	0.53	10.12	--	--	--	--	--	--	--
(-)-Epigallocatechin 23 26 27	mg	1.0	--	0.32	0	3.34	--	--	--	--	--	--	--
(-)-Epicatechin 23 24 26 27 28	mg	2.3	49	0.21	0	6.92	--	--	--	--	--	--	--
(-)-Epicatechin 3-gallate 23 26 27	mg	0.0	--	0	0	0.01	--	--	--	--	--	--	--

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(-)-Epigallocatechin 3-gallate 23 26 27	mg	0.3	--	0.16	0	2.01	--	--	--	--	--	--	--
(+)-Galocatechin 23 26 27	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Flavanones													
Hesperetin 23	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Naringenin 23	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Flavones													
Apigenin 23 29 30	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Luteolin 23 29 30 31	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Flavonols													
Kaempferol 29 30 31	mg	0.2	--	0.22	0	0.65	--	--	--	--	--	--	--
Myricetin 23 29 30 31	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Quercetin 23 24 29 30 31	mg	0.7	--	0.07	0	1.23	--	--	--	--	--	--	--
Isoflavones													
Daidzein 32 33 34	mg	0.00	--	0	0	0	--	--	--	--	--	--	--
Genistein 32 33 34	mg	0.00	--	0	0	0	--	--	--	--	--	--	--
Glycitein 34	mg	0.00	--	--	0	0	--	--	--	--	--	--	--
Total isoflavones 32 33 34	mg	0.00	--	0	0	0	--	--	--	--	--	--	--
Biochanin A	mg	0.00	--	--	0	0	--	--	--	--	--	--	--
Formononetin	mg	0.00	--	--	0	0	--	--	--	--	--	--	--
Coumestrol	mg	0.00	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin													
Proanthocyanidin dimers 19 20 21 22	mg	9.9	--	6.21	3.1	25.2	--	--	--	--	--	--	--
Proanthocyanidin trimers 19 20 21	mg	4.3	--	1.42	2.74	6.94	--	--	--	--	--	--	--
Proanthocyanidin 4-6mers 20 21	mg	16.5	--	6.16	7.3	26.25	--	--	--	--	--	--	--
Proanthocyanidin 7-10mers 20 21	mg	10.1	--	4.35	3.1	17.1	--	--	--	--	--	--	--
Proanthocyanidin polymers (>10mers) 20 21	mg	21.1	--	7.77	12.74	34.54	--	--	--	--	--	--	--

Sources of Data

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